

Bijlage VSBO PBL

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Engels

Tekstboekje

Text 1 Four ways to tell your dog 'I love you'

Dogs just make life better. Every day, countless dog owners express this sentiment by telling their pooches how cute they are, what good boys or girls they're being and how much they are loved. ...1... dogs can't understand the words 'I love you' the way we mean them. But we can make sure that they can feel the love!

To help us express our adoration to our dogs in a way they'll 'get it', we reached out to Phil Tedeschi, human-animal connection expert.

Here are Tedeschi's tips on the best way to communicate with and express your love to your dog.

Pack in plenty of play time

Dogs are highly <u>...2...</u>, and in response people have become pretty good at speaking 'dog'. Body language, such as a play bow, recognized by a person who then responds by starting to play, is for most dogs the best message of love and connection. Dogs use <u>...3...</u> to express friendship and love.



Say 'I love you' with pats and nuzzles

From the moment dogs enter the world, they are licked, nuzzled and comforted as newborns by their parents, especially their mothers.

Gentle touching and stroking your dog imitates this ...4... of affection and love.



Communicate clearly with your eyes, hands and face

Although dogs can't text, they have ...5... use of communication and language. Dogs use their eyes, mouth, tail, paws, body posture, vocalizations, and more to express themselves. Humans are good at understanding these messages. In turn, dogs have learned a lot about humans and the human world around them. High on this list is the dog's ...6... to read human faces and body language to detect emotional circumstances.



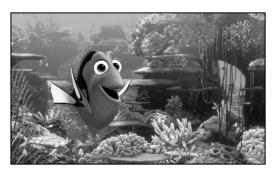
Respect your dog's dislikes

It is critical that we recognize what dogs are telling us about what they *don't* enjoy. Many dogs will learn to ...7... actions like being dressed in a costume, but on the whole they don't like this. We should pay attention to their signs of dislike, fear or distress.



Adapted from www.yahoo.com

Text 2 Artist creates coral to save the planet



1 We all love the underwater world, with colorful fish swimming in bright reefs and divers taking pictures of it all. Unfortunately, the colorful coral reefs in movies such as *Finding Dory* don't tell the real story. In fact, due in part to ocean warming and pollution, reefs around the world are losing their brilliant color. This is called coral bleaching.

Coral bleaching is one of the greatest threats to reefs. Because the earth is becoming warmer due to climate change, so are the oceans. Warmer oceans and pollution cause a stress response in coral, which forces its algae to flee. But corals need algae because it helps to generate a rainbow of colors in the coral. Without the algae, the coral turns white and becomes vulnerable to disease. This could in fact kill the coral. Conservationists and scientists try to draw attention to this.

3 But scientific research and numbers do not always inspire an emotional connection in people. That is why Courtney Mattison treats conservation as an



art form. Mattison, who has a degree in marine ecology, practices ceramic sculpture. 'I love the vibrancy of coral reefs. My theory is that if I can help people experience the wonder of coral reefs, they might be moved to defend them.' Mattison, 33, has pursued this path since 2011, creating hundreds of colorful sculptures of different sizes for museums and scientific institutions. Her subject and work share physical similarities. She uses calcium carbonate, which is found in both coral and ceramic glazes.

4 Most striking is how Mattison represents the coral's fragility. 'My pieces are easily breakable,' she says. 'If you handle living coral, you can kill it. When people look at my sculptures, I want them to wonder about our ...X...; whether it is collapsing or recovering. Because the turning point is now.'



Adapted from Oprah magazine, April 2019

Text 3 Say goodbye to Big Ben's bongs

Britain's most photographed building will fall silent for four years!

Big Ben is one of the most famous tourist attractions in Great Britain. However, its famous chimes will be silent for a number of years. Repair work is being carried out on the famous landmark, and the noise of the big bongs would be loud enough to deafen workers if the chimes carried on ringing.

Luckily, Big Ben will still be telling the time as the clock faces will remain active during the works. And although the clock may not be ringing again until 2021, this excludes New Year's Eve celebrations in Great Britain. The famous clock will still chime to mark midnight!





Fast facts about Big Ben:

- The name 'Big Ben' actually refers to the bell inside the clock tower. It has helped keep London on time for 157 years.
- The clock tower itself is called The Elizabeth Tower named after our very own Queen Elizabeth II.
- Standing at over 96m tall, the tower is 72m taller than Buckingham Palace.
- Big Ben is the largest four-facing clock tower in the world.

Adapted from National Geographic Kids



Lees Library Noticeboard, 2018

Text 5 Students on the slopes - the story of a community hero



1 It is a crazy moment when 135 schoolchildren in their snow-suits hit the slopes at Vermont's Pico Mountain Resort. Someone always forgets gloves. Someone always falls down. But somehow, within an hour, the whole lot of children is snowplowing and then speeding, downhill.

2 Until three years ago, only a handful of kids in a tiny, one-store town named Orwell, knew how to ski. The sport just seemed too pricey, which made it out of reach for 4 many country families. Ste-phanie Wilbur and her husband own a dairy farm, and dreamed of giving the children of the town the unforgettable experience of skiing. One day Stephanie approached the principal of the town's only school with students from kindergarten to

8th grade. "I want to take the whole school skiing," she said. "You want to do what?" he answered. The transportation alone would \$4,000. The entire skiing project would come to \$11,000, being the total cost for six days of one-anda-half-hour lessons for each student, their ski lift passes, transportation fee and rental of all necessary equipment. The school board agreed to the plan - if Stephanie could raise the money. "I called every single person I've ever known to ask for donations," Stephanie said. Within 30 days she had the \$11,000.

Students have enjoyed the program for four winters now. Practically every student participates, even the ones with physical or behavioral challenges. As Stephanie says: "The joy we see on these children's faces is amazing."

Then there is the snowball effect. Other programs for kids have recently launched in Orwell, including drama and community-service programs. "These kinds of programs give children a chance to be active, and it keeps them out of trouble," Stephanie says. "The town just keeps getting better."

Adapted from Woman's Day Magazine, May 2019

Text 6 The Marquis Boutique Hotel



The Marquis is an intimate and exclusive 4-star boutique hotel in Anse Marcel on St. Martin's French side.

This hotel has a reputation for its good service.

The staff is polite and friendly, adding to the charm of this secluded paradise.

It offers 17 spacious rooms & suites, each with its own balcony that offers a dramatic view of the ocean. Free Wi-Fi on the entire premises. An à-la-carte menu is available for breakfast, lunch and dinner. Breakfast and restaurant services can be enjoyed in your room or around the pool. The pool is equipped with free beach chairs and umbrella installations for hotel guests. Guests will also be able to enjoy the amenities of the Fitness and Beauty Center, which offers esthetic treatments and massages. besides a fully equipped gym. There is a free shuttle service available every half hour to take you to the major shopping areas.

Welcome to The Marquis!

Adapted from an add in St Maarten Today, January 2019

Text 7 Straight talk with Dr. Oz

1 Question: I only have time to exercise at night. Will it mess up my sleep?

Dr. Oz: It shouldn't. A workout within four hours of your bedtime won't

disrupt your slumber and could even help you snooze a little

longer, a study found.

2 Question: Why would it help?

Dr. Oz: The reasons aren't clear, but it may relieve stress. And the cooling

down exercises you do at the end could be a signal to your body

that it should prepare itself to sleep.

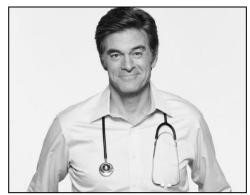
3 Question: Does this apply to any type of workout?

Dr. Oz: The exception is vigorous

exercise that is done an hour or less before you go to bed. Doing very active workouts might delay your sleep a little.

But an easy to medium workout of up to 30 minutes should

be fine.



go to the next page ▶▶▶

Adapted from Woman's Day, May 2019

WHAT WOULD YOU INVENT TO HELP THE ENVIRONMENT?



Maggie: A story that would finally convince everyone that the earth is in serious trouble because of human actions.

Lisa: A rain maker. I'm afraid that one day, nations will be at war and people will die because they lack fresh, clean water.

Kim: Biodegradable balloons that break down instantly and don't stick around for hundreds of years. I live in the high desert of California, and the winds regularly bring balloons from miles away. Desert turtles and other creatures often mistake them for food and choke on them.

Daisy: Nothing upsets me more than seeing trash on the ground. I would invent a sensor that would create a loud noise every time someone littered. Hopefully, the sharpness of the noise would make them pick up their garbage.

Carletta: A machine that takes all the plastic and trash thrown away and turns it into building blocks to create houses for the homeless.

Erika: A device that transports people around the world, but doesn't use gasoline or other fossil fuel. I would vacation around the world without having to worry about polluting the sky or sea.

Adapted from Oprah Magazine, April 2019