

Bijlage VSBO PKL

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Engels

Tekstboekje

HOW ONE WOMAN BECAME AN ADELE IMPERSONATOR

Last year, in 2015, Adele made a return to the spotlight with 25, the fastest-selling album of all time. That is when JC Brando made her decision. She had already won the 'Adele Tribute Artist' competition in 2013 and had been a veteran entertainer in Las Vegas and on cruise ships for ten years. As such, JC had performed Adele songs in at least 1,000 live presentations. However, she had never presented herself actually looking like the star. So when 25 came out, Brando premiered her new Adele songs with her new Adele look. Today she shares her secrets for becoming a carbon copy of the best-selling recording artist of the 21st century.

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When someone first pointed out how much she resembled Adele, JC turned to Google to discover Adele's beauty and fashion secrets. "I studied how she does her make-up, how she does her hair, how she dresses, the works. I looked at how she speaks, how she phrases things, her laugh: every detail. If Adele puts her hand on her heart on a certain line in a song, that is when I do it too."

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JC got lucky that her voice has a natural similarity to Adele's, even though singing Adele songs requires her to draw on her years of professional training as a classical vocalist, she says. "You can't go out and sing Adele songs and not sing them well," she adds.

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"To really sell these songs, you also have to channel the emotions behind them. That's where my other training comes in," says JC, who studied acting at Oxford University and with the Royal Shakespeare Company.

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Brando admits to "keeping in business" a few high-end seamstresses, who make Brando's costumes to match



Adele's, and certain manufacturers of blonde ponytail clip-ons and fake eye lashes. Brando also piles up her own hair "as big as can be".

Practice, practice, practice

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Brando practices her role in everyday life, using Adele's signature British accent to chat with strangers, surprising supermarket clerks, bank tellers and even her own husband. "I'm better today than I was four years ago. My new show is amazing."

Mary Jane Jensen, March 2016, adapted

Text 2 Grandma's old fashioned rice pudding

Ingredients

a bag of white or brown rice (1 lb.)

1 can of evaporated milk (12 oz.), divided into an 8 oz. cup and a 4 oz. cup

¹/₃ cup sugar

¹/₄ teaspoon of salt

¹/₂ cup raisins

1 egg

1¹/₂ teaspoons liquid vanilla cinnamon or ground nutmeg (optional)



Instructions

Prepare rice according to package directions.

Combine cooked rice, 1 cup of milk, sugar, and salt in medium saucepan. Cook over medium heat, stirring frequently, until thick and creamy, about 25 minutes. Meanwhile, boil water in a kettle or saucepan. Place raisins in small bowl. Add enough boiling water to cover raisins; let stand 15 minutes. Beat egg with remaining milk in small bowl. Gradually pour into hot rice mixture, stirring constantly. Remove from heat. Stir in vanilla. Drain raisins, fold into pudding with spoon. Sprinkle lightly with cinnamon. Allow to cool a bit before transferring from saucepan to bowl or container.

Serve warm or chilled. Serves 6

Adapted from Oprah magazine, May 2016

Text 3 Keeping the Joker safe is no laughing matter

Six Flags Great Adventure shut down its much-hyped new roller coaster after two riders became stuck for about 15 minutes on the day it opened for press preview.

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The Joker – billed as a '4-D, free-fly coaster' – lacks traditional tracks below or above, enabling the trains to perform 'head-over-heels free-fly flips' as they race along in the Jackson, N.J., theme park. Around 12:30 p.m., about an hour after the unveiling ceremony, one of the trains on the 'Batman'-villain-inspired ride was swaying a bit too much and did not return to the station in an upright position, according to park spokesperson Kristin Siebeneicher.

2 "During our press preview yesterday afternoon, one of the trains was rocking a bit too much so it came into the station in a reclined way. We're making a minor adjustment in order to reduce the



rocking," Siebeneicher wrote in an email to Yahoo News this morning.

Two men were stuck in their seats until park workers could release the shoulder harnesses and perform the necessary maintenance. Siebeneicher said that no riders were injured during the incident and that the ride had been running flawlessly all morning with camera equipment on board to shoot promotional material.

One of the men who was stuck, Joe Bracco of Toms River, told NJ.com he was not trying to flip the car, but that "it swings back and forth so much maybe our energy just got it stuck there." He said he and the other rider were "definitely not where we should be," despite not being flipped over entirely.

Siebeneicher says that, despite the hiccup, Six Flags will open the ride to its season pass holders for previews on Friday and to the general public on Saturday, as originally planned.

Adapted from Yahoo News

Text 4 Smoky Mountains Park euthanizes wrong bear

NASHVILLE (Reuters) – Officials at the Great Smoky Mountains National Park killed the wrong bear a few days after a man who was hiking the Appalachian Trail was bitten in the leg ...11... this month, a park spokeswoman said on Monday.



The bear bit through the hiker's tent and leg on May 10, and came

back later to search a few more tents. Park workers took ...12... and fur samples from the wounded leg and the ripped tents to try and identify the bear that was responsible. The hiker was treated in a hospital and released.

On May 13, before ...13... came back from the DNA testing on the samples, park service wildlife officials confronted a 400-pound (180 kg) male black bear in the area and tranquilized it. Wildlife biologists examined the bear on the spot and noted dental injuries ...14... the hiker's wounds, said Dana Soehn, park spokeswoman.

'It was a large, dominant male bear that fit the ...15... of the bear we expected to be responsible for the attack,' Soehn said. The biologists decided to ...16... the bear because it was too big to be carried to the wildlife station, where it could be confined while awaiting the test results. They could not fit a tracking collar on its head to keep an eye on it and catch it later, she added. However, when the test results did come back, it became ...17... that the wrong animal had been euthanized, she said.

Park officials tranquilized another bear on Friday and released it with a GPS tracking collar while they examined its DNA, but that animal has now also been ruled out as the ...18....

...19... there are more than 1,600 black bears living in the park, about two per square mile, attacks like this are rare. 'We have only about one attack where a human gets injured each year,' Soehn said. 'There have been multiple reports of incidents though, of bears ripping tents, looking for food, especially during the periods when it is ...20... for bears to find enough natural foods.'

Tim Ghianni, Yahoo news, May 2016, adapted

Text 5 The social history of the pineapple

Pineapples not only add delicious flavor to so many drinks and desserts, they also represent a spirit of welcome throughout the Americas as a sign of hospitality.

Pineapples originated in the tropics, in the Brazil-Paraguay region, but they were a far cry from the delicious treat we enjoy today. Wild pineapples were small, apple-sized fruits, full of seeds and actually quite sour. But thanks to the Tupi and Guarani Indian tribes, they were cultivated to become larger, sweeter and seedless a long time before Columbus arrived. These

Indians called them *ananá*, meaning "excellent fruit," and the Carib Indians spread them throughout the region as far as the Caribbean through their frequent trading trips in long canoes. By the way, the name of the fruit is still *ananas* in many languages all over the world.

Columbus discovered pineapples in Guadeloupe in 1493, and thinking they looked like pine cones, called them "Indian pines". Later on the British added the word "apple" because of the sweet, yet tangy taste of the fruit. Columbus found that this new fruit was a very nutritious food for his crew and a wonderful seasickness remedy. Its high acid content even made it perfect for scrubbing decks. In Europe it was embraced as an instant celebrity. At that time, the early 1500s, both candies and fresh fruit were scarce, and so the sweet secret of the New World became a treasure, especially among European royals. Pineapples remained a favorite at the most fashionable and grand parties of the wealthy throughout the 1600s. Its burst of sweetness was unlike that of any other known fruit at the time.

In colonial America, sea captains set pineapples outside their homes to signal their return. Candied pineapple pieces were served as delicacies. Whole pineapples were considered extremely special, because only the fastest ships could guarantee their unspoiled delivery to cities such as Boston or Philadelphia.

delivery to cities such as Boston or Philadelphia. For rich ladies, entertaining was the main source of social interaction, and the pineapple became a status symbol of fine hospitality. They would create food displays for dinner parties, to show their status. Offering this tropical fruit truly elevated your position in society and was a sure way to impress your guests.

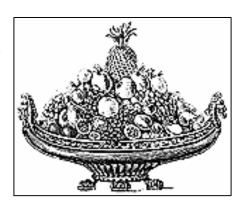
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Less wealthy families would sometimes rent pineapples as the star attraction for their banquets, hoping no one would dare to cut them during dinner. The pineapple fruit was like the royal guest during these parties, literally 'crowning' the table.

5 The pineapple as a welcoming symbol became deeply embedded in the culture, greeting and inviting friends, family, and neighbors into your home to enjoy the best you had to offer. The pineapple was painted and carved onto a multitude of items and incorporated into the designs of important buildings throughout the 1700s and 1800s. Pineapple motifs became popular in jewelry and also in decorating walls, furniture, dishes, etc.

These days, canned pineapple is cheap and it is available everywhere. But you still see many examples of its glory days in architecture and designs throughout our region. And although the pineapple is no longer a celebrity in the homes of the rich and famous, it remains a superstar in the kitchen, adding a delicious sweetness to many dishes and drinks.

Jessica Percy, nightspublications.com/Aruba, adapted







Hair pro Heather Packer teaches Indian teens beauty skills that offer a path out of poverty.

- A HAIRCUT CAN CHANGE YOUR LIFE. Just ask the girls who live in the country areas of India, who are learning to cut and style hair with Fearless Beauty, a nonprofit school that was started by New York City hairstylist Heather Packer, of. For many of them, it's their only hope of learning a marketable skill in a community where girls may be pulled from school at age 13 to marry, and where they are rarely allowed to work. "Cutting and styling hair is acceptable for women to do there," says Heather, who was born in 1975. "It's not something they learn from a book, and they can do it from home."
- Heather's first lesson in female empowerment came to her when she was a college student. A friend asked what she would do with her life if it didn't matter what anyone else thought. Heather surprised herself when she answered, "Style hair." Within a week, she enrolled in beauty school. "Why would you do something stupid like that?" her father asked. Undisturbed by his question, Heather excelled in school and landed at Cutler Salon, a famous salon in New York City, where she worked on actresses, fashion models and others.
- In 2011 she helped an English teacher raise funds to open a vocational center in India to teach English and sewing to impoverished children. "The girls were very shy," says Heather. "They reminded me of myself when I was younger. I wanted to help, but didn't know how." Finally, one morning when she was in India, an answer emerged: She would open a nonprofit beauty school for girls.



In January 2015, Fearless Beauty held its first class in the vocational center in India. Heather used a translator to teach beauty skills to 10 students in the period of three months. She took them through the basics of shampooing, cutting different styles, styling and more. Two of the girls shared that they made enough money to help feed their families since the course had started. Heather says "I also taught the girls to find their voices, to speak with confidence. The difference in them by the finish was incredible. I want to empower the girls. Empower them to give them a chance."

Adapted from Good Housekeeping, April 2016

A New York photographer is capturing canines at their cutest – and shining a light on pups in need.

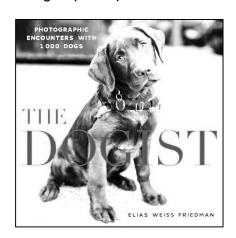
- 1 When Elias Friedman Instagrammed a photo of a dog he encountered in Vienna in 2014, it got more likes than anything he'd ever posted. "He was a boxer, and I just loved how goofy he looked," says Friedman, who was traveling after he'd been laid off from his job as a fireman. "So much subtle emotion came through in that picture. I knew I was onto something."
- 2 The snapshot became the first image on The Dogist, Elias 4 Friedman's street-style blog and featured subjects on the sidewalks of New York and other cities. With the help of kneepads and some squeaky toys, Friedman captured charming portraits: a 6-month corgi with its head cocked inquisitively, a pair of royal-looking greyhounds out for a walk in the park, a cute Yorkshire terrier wearing tiny yellow rain booties. "The challenge with photographing people is making them look natural," Friedman says. "With dogs, it's the opposite: How can I get them to pose?"
- 3 Friedman also visits shelters around the country to take pictures of four-legged friends in need of homes. In February, when The

Dogist featured a 4-month shih tzu from the Dog



Adoption Center in New York, the center's phone rang off the hook. "Every shelter dog I've posted online has been adopted," he says. That inspired him to launch his 'Give a Dog a Bone' campaign: Donate \$50, and Friedman will deliver a rawhide bone to an adoptable pooch, then post a photo of the pup with its treat.

This month Friedman is releasing a book that includes 1,000 of his canine portraits and collaborating with local animal shelters for the book tour. "So many dogs are mistreated or irresponsibly bred," he says. "I want to give them a voice. Plus, I get to play with dogs all day without having to pick up after them!"



Juno de Melo, Oprah magazine, 2015, adapted

Text 8 In the spotlight: Orlando Jakobus

Orlando Jakobus is 60+ years old. He moved to the Netherlands almost 30 years ago, and has been working as a janitor for over 20 years. 'I love my job, and could do this for many more years to come,' he says.

Orlando has always been a 'handyman'. When he was 14, he started working as a distributor for Dovale Advertising. 'I used to distribute the magazines Curacao Holiday and Viva Curacao. I used to know every single street in Willemstad like the back of my hand,' he continues. After a few years, Mr. Dovale asked him to start working as a yacht broker. 'I sold and maintained a lot of boats anchored in the Spanish Water in Curacao,' he says.

After the birth of his son, Orlando and his partner moved to the Netherlands. Originally, he worked as a pipefitter, but left the job shortly after, due to the fact that the materials gave him allergies. This is when he came across an ad for a school janitor and thought it was a good idea to apply. He worked as a school janitor at Paschalis School for many years. After the death of his sister, Orlando took a 3-month trip back to Curacao, the first trip in 16 years. 'I had only gotten permission from my job to stay away for a month, but I needed more time with my family, so when I came back to Holland I knew I had to start looking for another job. I don't regret anything.'

In 2002 he landed a job at Carolus School, and he has been working there ever since. 'My job gives me a great sense of fulfillment.' Last year Orlando was named Best School Janitor and his school had a big celebration dedicated to Orlando. 'I was in complete shock,' he continues. 'Even my son and grand-



children were invited. This was like the cherry on top of the cake.'

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After winning the title, Orlando was swamped with interviews. During one of them, a journalist asked him who his idol was, and he answered that everybody knew that his idol was Louis van Gaal, the football coach. Little did Orlando know that his son was planning a great surprise for him, along with television station RTL4. A few weeks after the media circus, Orlando was just working at his job when he was asked to retrieve a ball from the school rooftop. 'Nothing out of the ordinary,' he said. What he didn't know was that the ball had been autographed by Louis van Gaal. Orlando: 'I was being filmed all the time, and I didn't even notice it.' Then he was suddenly invited to make a trip to the airport, accompanied by his son. Completely flabbergasted, Orlando accepted the invitation. After arriving at the airport, they were greeted

by a flight attendant who told them they were going on a 3-day trip to the city of Manchester. During the surprise trip to Manchester, Orlando had the

opportunity to meet his idol, Louis van Gaal. 'It was an amazing experience,' he says. 'Better than winning the lottery! Money is eventually spent, but my memories of this will last forever!'

Orlando will have to give up his title to another lucky concierge this year. Still, he is looking forward to working for many more years, and will forever cherish the fact that he was named Best School Janitor.



Rushanette Martis, Amigoe Express, adapted

Text 9 Dog's best friend?

If man's best friend is a dog, then who is a dog's best friend? That would be Rover. Or Rufus. Or one of the other dogs that donate blood.

Some canines recently donated pints of blood to their fellow pooches. And they did it without having to travel far from home: they visited an animal bloodmobile. Similar to the Red Cross vehicles for humans, the University of Pennsylvania's traveling veterinary lab goes to where the donors are, in order to make it easier to give. Dogs must have the correct blood type, weigh at least 55 pounds and be no more than 8 years old. Owners volunteer their pet for the short procedure, which requires no sedation. However, in the end it's the dog that chooses to lie still and give.





Adapted from Amigoe Express, 2016