



Bijlage VSBO PBL

2022

tijdvak 1
woensdag 18 mei
07.30 - 09.30 uur

Engels

Tekstboekje

Text 1 A piece of advice

Speak your mind

Dear Queenie,

I asked this girl that I like (let's call her 'T') for a date and she turned me down flat.

I asked her why she wouldn't go out with me and she said she would never date anyone who smokes.

Queenie, what kind of excuse is that? What do you think she really meant?

'Rejected Roger'

Dear *'Rejected Roger'*,

It probably was not an excuse. I think 'T' really meant exactly what she said.

People who smoke are often unaware of the fact that the smell of cigarette smoke tends to cling to their clothes, skin, hair and breath. Inhaling this can pose an actual health hazard to someone who has asthma or allergies. Even without a health hazard, the smell can be quite offensive to a non-smoker.

The young lady simply may not want to hang out with someone who smells like a dirty ashtray or risk ever having to kiss someone who tastes like one.

Queenie

Adapted from: The Daily Herald, April, 2018

Text 2 Aris Darishaw, 18-year-old pilot

The following story is part of Aris Darishaw's interview on OWN.

1 I was watching *Family Feud* on TV a few years ago when they asked, 'What is one thing you want your pilot to be?' And one of the answers was 'A man.' Yes, I was offended, but that just motivated me more. It's rare to see women pilots. For the first two years of my flight training classes, I was the only female student. It is even more unusual to see a pilot who is a woman of color. Black women make up about 7 percent of the US population, but less than 1 percent of pilots. And of course, most of them are a bit older than I am. I just graduated high school in May last year.

2 On my first plane ride when I was 4, the flight attendant gave me a little pin with wings. We took a picture of me in the cockpit next to the captain. My mom is a crazy aviation buff, so she always took me to air shows when I was younger. We'd watch the Thunderbills or Blue Angels do their fancy moves in the sky, and I would get



the pilot's autographs afterward. With my mom's encouragement, I started taking lessons after I turned 12. Friends would ask me to hang out, and I'd say, 'Sorry, I have a flight' – they'd look at me as if I had four heads. But the air felt like where I was supposed to be, even from then.

3 Flying is amazing for many reasons: the beauty you can see only from above, and also, visiting incredible places. But to me, one of the absolute coolest things is being in charge of the plane – the liberation of holding the controls. I plan to fly the big jets as an airline transport pilot, which means doing lots of ground training, banking 1,500 hours of flight time, and earning a bunch of certificates, diplomas and ratings. For me, the sky is literally the limit.

Adapted from www.owntv.ca, 2017

Text 3 Foods that should not be stored in the fridge

Refrigeration will dramatically prevent the growth of harmful bacteria on many types of prepared and cooked foods. It is usually advised to refrigerate foods at a temperature around 2 or 3 °C. While refrigeration can decrease spoilage in many different kinds of foods, it is not recommended for every edible item in the kitchen. Low temperatures can change the texture and taste of many foods, and sometimes even the nutritional value.

The following information describes six foods you should **not** put in the fridge and the reasons why they are best left out at room temperature.



Tomatoes

Tomatoes will lose much of their rich, tasty flavor if stored in the refrigerator. Cold will also change the texture of tomatoes, as well as break down certain membranes on the inside. They can ultimately become mushy, and tasteless. Tomatoes will ripen at a steady rate and maintain their delicious flavor if kept on the counter at room temperature.

Avocados and bananas

Avocados and bananas almost always need to ripen after they are purchased. Storing them in the refrigerator will slow down the process. They will ripen naturally and remain delicious when kept in a dry spot on the counter.

Garlic

Garlic is a food that definitely should not be refrigerated. Garlic can become chewy and grow mold in the fridge. It may even begin to sprout. Garlic is another food item that benefits from circulated air. It will stay good for over a month in an open area on the counter in a basket.

Oranges

Citrus fruits are high in acidity and can be damaged by temperatures that are too low. The skin may also become dull and spotted when stored in the fridge. Since oranges have such a thick, tough skin they do well in warmer environments.

Potatoes

Potatoes taste best when stored in a dry, cool area. They should also remain unwashed until you are ready to use them. Refrigerator temperatures will cause the potatoes to taste dusty and even sweet. If the potatoes have been refrigerated, the skins may darken prematurely during the cooking process.

Donuts

Donuts can become stale or even soggy if kept in the fridge. They'll stay fresher if kept covered at room temperature. Donuts should, however, be eaten within a few days after they are purchased.

Adapted from: <http://EzineArticles.com>

Text 4 French Spiderman

1 PARIS – Alain Robert, sometimes known as ‘the French Spiderman’ for climbing skyscrapers worldwide, is still defying gravity at the age of 55. He reached the top of the fourth-tallest building in Paris’ modern business district this week, after avoiding security officers, who had stopped an earlier attempt.



2 A hobby that started at 11 years old has taken Robert up more than 150 skyscrapers around the world. Some of his ‘conquests’ are Dubai’s Burj Khalifa – the world’s tallest building –, the Eiffel Tower, and the Sydney Opera House. “For me, climbing is a passion; it’s a way of life,” he recently stated. It took Robert just over an hour to scale to the top of the 187-meter-high Tour Total, which houses some of the offices of the French energy companies. He already did this same climb twice in the past.



3 Using only climbing shoes and chalk for his hands, he clung to the window ledges to climb past the tower’s 48 floors, cheered on by office workers, who had turned into curious and eager spectators. Robert tried to climb this same building last week, but security guards quickly came to remove him. He usually climbs without permission and consequently, has been arrested several times. In 2008, he scaled the New York Times building to put up a banner on global warming, and was arrested by the police. Robert sees no end in sight for his adventures. “As long as I have the physical strength to scale heights ... why not?”

Adapted from: The Daily Herald, March, 2018

Text 5 Two unusual animal stories

The nurse-cat

The black cat in the photo is named Radamenes. In 2014, he arrived at an animal shelter with a severe disease of the lungs, which caused him extreme pain. The owners brought him in to be put down, but the doctors decided to give him a second ...1....

To everyone's surprise, the cheerful cat made a quick ...2.... Moreover, after overcoming the disease, the cat started to take ...3... of other animals at the rehabilitation center and earned the nickname 'nurse-cat'. Radamenes gives hugs to the other fluffy ...4..., warming them up as they rest and recover, and sometimes he even licks their ears.



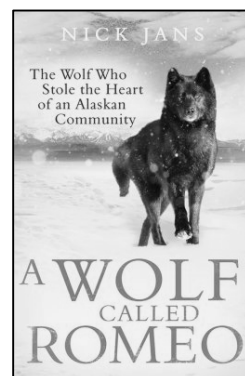
Today, the nurse-cat is almost a full-time employee of the shelter. It is said that those animals which Radamenes looks after, recover much faster. Now doesn't that just show what ...5... are possible by showing a little kindness?

Romeo, the friendly wolf

Nick Jans is a photographer and author who has spent many years observing animals in the wild. However, one winter evening a lone black wolf ...6... near his porch in Juneau, Alaska. Nick's dog went out to meet it, and Nick couldn't believe what happened next. The two animals did not attack each other, but started ...7... in the snow.



Soon the wolf became a regular ...8... and was given the name Romeo. Other locals also started to bring their own dogs so that they could play with the wolf. With time, Romeo even started to interact with ...9...: he played fetch, accompanied skiers, or simply lay down in the sun with them. This special ...10... went on for 6 years and formed the basis for the Nick Jans' book *A Wolf Called Romeo*.



Adapted from: www.brightside.me

Text 6 Coast Guard gets 12 new boats

1 The super RHIBs (Rigid Hull Inflatable Boats) of the Coast Guard Caribbean (KWCarib) will soon be replaced by Metal Shark Defiant 38 yachts, after fourteen years. The new boats are manufactured by the American ship builder Metal Sharks, and will be made available to the Coast Guard in February.

2 According to KWCarib spokesman Roderick Gouverneur, after fourteen years, the time has come for new boats that are more user-friendly for the coastguardsmen. 'We have been working with the super RHIBs since 2004, but they have to be replaced now. The replacement process is in full swing. The new boats were purchased from the American Coast Guard and these boats have proven themselves. They are more pleasant to use for the personnel. They have better seats and closed cabins, so the men will be better protected against the elements. The twelve boats will be divided among the KWCarib branches of Aruba, Bonaire and Curacao, so each island will have four boats available.'



3 As with the super RHIBs, the crew of the Defiant 38 will consist of up to six people. The staff will be trained by American experts, so they will know how to use the boats. A delegation of nine local KWCarib staffers — future users of the boats — has already traveled to the United States for trial runs at the manufacturer.



Adapted from the Amigoe Express, January, 2018

Text 7 Choosing a perfume

The choice of fragrances seems to grow wider every day, as manufacturers fight for our attention. They try hard to distinguish their scents from those of their competition. With such a selection to choose from, how does one even begin to know what to buy when it comes to perfumes?

Broadly speaking, all perfumes fall into one of six categories based on their dominant smells. These smells are referred to as *top notes*. Different categories will suit different people or occasions. Here are the six main categories of top notes for perfumes:



1 Earthy-woody

Earthy-woody perfumes are meant to remind you of a forest and are usually considered refreshing. They often appeal to the older generation and can make ideal gifts for both men and women.

2 Oriental

Oriental fragrances use strong spicy scents and are ideal for special social occasions. However, be cautious giving them to anyone you don't know well. These intense perfumes can be a very personal choice.

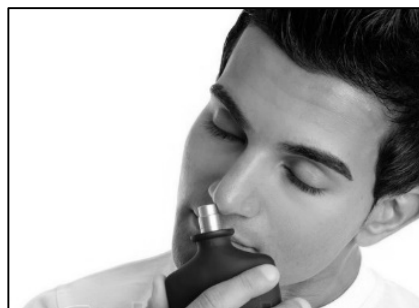


3 Green

The so-called 'greens' are much lighter than oriental fragrances and are well suited to more casual wear, especially during the day time, for both men and women. Because they make a less dramatic assault on the nose, they are also safer to give as gifts!

4 Oceanic

Modern 'oceanic' fragrances are becoming more and more popular, particularly among younger men who appreciate intense but unusual scents, which instantly make you think of seaside breezes. Naturally these are an excellent choice in the warmer months, when thoughts turn to holidays at the beach.



5 Spicy-fruity

Spicy-fruity perfumes are also a good warm-weather choice and can be a good all-round choice for a woman who wants to wear something traditional. Still, they are different from the classic floral scents.

6 Floral

Finally, the classic floral fragrances are suitable for almost everyone and every occasion. This most feminine of all scents works best when the ingredients used are of high quality, so be careful of cheaper brands, which use synthetic ingredients instead of essential oils made of real flowers. That means that less expensive brands can smell exactly that.

Ultimately, choosing a fragrance is a very personal choice, and many people prefer to stick with what they know. They tend to buy the same thing year after year. But by trying different fragrances from the same group as your favorite smell, you may just discover a new gem.

Adapted from: <http://EzineArticles.com>

Text 8 Sédula

1 Almost fifty percent of all twelve-year-olds on the island do not have a personal ID-card (*sédula*). According to the law, everyone from the age of twelve is required to provide proof of identity when requested by the authorities.

2 The information above was recently published by the Ministry of Administration, Planning and Service (BPD) in an effort to make parents and young people aware of the obligation to have a valid *sédula*. All young people who turned 12 late last year, between December 24 and 27, received their first *sédula* for free, as a gift from the Minister of BPD, Armin Conquet, as part of the awareness campaign. The ministry states that throughout this year, activities will be organized to raise awareness among both adults and young people with regard to the *sédula*.

3 The ministry asks everyone to check the expiry date of their *sédula*, and asks parents of children who have just turned or are about to turn twelve, to get a *sédula*. In order to get an appointment for a first *sédula* or for renewal, please contact *Lokèt di Pèrmít* in Saliña by calling 0800-1515 (free), or 433-3123, or go to the website www.sita@gobiernu.cw.



Adapted from: the Amigoe Express, February 2018

Brenda's Corner Quick & Easy recipe – Lemon Cupcakes

Ingredients

2 and 2/3 cups flour
2 teaspoons baking powder
1 teaspoon salt
1 cup olive oil
1 and 1/2 cups sugar
4 eggs
2 teaspoons vanilla
2 teaspoons grated lemon zest
1 cup milk



Method

Preheat oven to 350 degrees. Use a whisk to mix together the flour, baking powder and salt. Put this mixture aside. Then, in a separate bowl, combine the oil, sugar and use a mixer to blend it until the batter is smooth. Then add eggs one at a time and continue mixing. Add the vanilla and lemon peel. Reduce the speed and mix in the flour mixture, alternating with the milk. Put the mixture into cupcake holders (about 24), filling them to 3/4. Bake for 20-25 minutes until a toothpick comes out clean.

Adapted from: www.thedailyherald.sx