



Bijlage VSBO PBL

2026

tijdvak 1
dinsdag 12 mei
07.30 – 09.30 uur

Engels

Tekstboekje

Text 1 Road to success

- 1 Wendy Robles is one of dozens of aviation sector workers who started small and climbed up to a professional career in the industry. Robles started her work career at Tocumen International Airport in Panama City 12 years ago, laboring in its Passenger Service Department. This was her first contact with crews and airplanes of various airlines. The experience inspired her to study Aeronautical Engineering at the Technological University of Panama. An opportunity arose to learn all about airplanes and to become an airline pilot during her third year. Wendy had never set foot on an airplane before that.
- 2 In 2017, after studying hard and focusing on her goal, Wendy became a first officer with Copa Airlines, Panama's national airlines. Even while working as a pilot, Robles continued her education in another area, studying for a bachelor's degree in Airline Logistics, with an emphasis on distribution and transportation. So much hard work can only lead to success. Wendy is now a proud Copa Captain, demonstrating that the airline is a starting ground for remarkable professionals who contribute to their society.

Adapted from: Panorama Magazine

Text 2 McDonald's ice cream



- 1 With all the experimental flavors and wild toppings that can be found with ice cream nowadays, sometimes all we want is a simple vanilla cone from McDonald's. The fast food restaurant has been offering ice cream products since it was first established. In 1956, McDonald's bought ice cream machines for its restaurants making the soft serve we now enjoy under the golden arches possible. If you make a trip to McDonald's and are lucky enough that the ice cream machine isn't broken, you are in for a sweet

treat for a pretty reasonable price. McDonald's vanilla cones are around \$1.29, although exact prices vary by location.

- 2 But one of the questions we have always had about McDonald's ice cream is what exactly is it made of? According to the company's website, the soft serve is made with a handful of ingredients we recognize such as milk, cream, and sugar — along with multiple other ingredients and additives that are much harder to pronounce.

Adapted from: Yahoo news

Text 3 Putting candles on birthday cakes



- 1 Credit for our festive birthday candles likely goes to the ancient Greeks. It is said that they made cakes adorned with candles to honor Artemis, the goddess of the moon and the hunt. The round shape of the cakes was a tribute to the moon, and the lit candles made the top of the cake glow like the moon's surface. It is said that when the candles were blown out, the smoke helped scare away evil spirits or carried prayers to the gods on Mount Olympus.
- 2 How birthday candles progressed from Artemis to present day is a little more unclear. One theory puts them at non-religious celebrations. Pagan and other cultures believed bad spirits visited people on their birthdays, so candles and a room full of friends were necessary to protect the birthday boy or girl.
- 3 A few hundred years later, birthday candles popped up again in Germany. There the custom developed of adding one candle on the cake for each year of a person's life. One extra candle was added in the middle for good fortune in the year to come. Hundreds of years later, we're still lighting up our birthday celebrations.

Adapted from: Reader's Digest

Text 4 Advice column: Annoyed kid sister

Dear Queenie,

My older sister has a habit of making fun of my clothes and hairstyles when I go to visit her. She says they are cheap and ugly.

Queenie, this really makes me feel bad. Should I just stop going to see her?

- Annoyed kid sister

Dear kid sister,

Have you told your sister how you feel about the things she says? She may not realize how bad she makes you feel.

If talking to her about it helps, all well and good. If not, then yes, try to limit the amount of time you spend with her.

- Queenie

Adapted from: Daily Herald

Text 5 Where's the weirdest place you've ever fallen asleep?

Rickey: A dressing room in a store in the mall. I sat down to relax in a dress I was trying to zip up and went out like a light!

Debbie: On the floor of my office. I was working in sales and had to stay up all night to answer emergency calls, but no calls were coming in. I woke up the next morning with the phone beside my head. Luckily, no one walked in!

Connie: Where no one would bother me. As a single mom of a one-year-old, I had been going to school and working at Mc Donald's in the evening. One day I had to take my mom to a doctor's appointment, but I was so tired that I stopped to take a nap. Guess where? In a cemetery. No one disturbed me!

Michael: In the elevator of a skyscraper in Panama. The building was 42 stories high. I was going to the highest floor. I just dozed off. Luckily, someone else was going to the same floor. He kindly woke me up when we got to our destination.

Shirley: On the commode in the middle of the night. Oops!

Katrin: In traffic. This may not be the weirdest, but it's certainly one of the most dangerous places. Some years ago, I began dozing off on the back of a BMW 750 motorcycle while on vacation in Canada.

Emily: In the front row of an orchestra concert. When I woke up, it was almost over. I was so ...13.... There were about 650 people there.

Mark: Simply outside. I was traveling in Italy. Our train was three hours late and it was 11 pm. I crawled under a bush when no one was watching and went to sleep for 3 hours. It was a great nap.

Larry: In an MRI machine at a hospital. I kept falling asleep and moving during the medical procedure. The technician had to wake me up to ask me to stay still.

Corina: I fell asleep standing in line at Disney World. My brother said I took my napping skills to another level that day. I discovered I'm able to sleep upright.

Adapted from: Real Simple magazine

Text 6 Gadgets

Solar watch

In a crowded market, many brands are competing to see who can make the best sports watch. Garmin looks like it's way ahead. Any nature lover will appreciate the fact that this Garmin GPS watch is solar powered. The Instinct 2 has unlimited battery life if it's exposed to sunlight for three hours a day. It's waterproof, thermal resistant and shock resistant. In short, every adventurer's secret weapon.



Audio sunglasses

Wouldn't it be great to take fewer gadgets on the road without leaving behind anything essential? Bose designed the Bose Frames glasses with built-in high-quality speakers precisely so you can enjoy your music without carrying so many accessories. The sound is audible only to the person wearing the glasses, and the design lets you stay aware of your surroundings while enjoying your favorite tunes. The sunglasses connect to your device via Bluetooth.



A Smart Cup of Coffee

Do you drink a lot of coffee? Do you need a mug to keep it at just the right temperature? This gadget is for you. The Ember Smart Cup will keep your hot drink at the right heat, thanks to the rechargeable battery that lasts three hours. Tapping the Ember logo allows you to see the battery life and the temperature. You can personalize this mug by touching the + or – symbols to increase or decrease the temperature. This technology works with an app, letting you adjust your mug from your smartphone.



Adapted from: Panorama Magazine

Text 7 Dog chases mountain lion to protect his family

- 1 A brave dog is recovering after chasing a mountain lion walking around a California home last Monday, reports CBS Los Angeles. The pit bull, named Rocky, is being called a hero by his family after defending their home near the Angeles National Forest, chasing the mountain lion away.



- 2 A security camera recorded the scary experience in the backyard of the house when Rocky started barking and taking on the big cat to protect his owner. "The mountain lion was looking right at me," said homeowner Mary Padres, who first saw it. "It was huge." Rocky jumped after the big cat, out of the backyard and up the hill behind the house. "The whole reason he went after the mountain lion was to make sure I'm ok," said Padres. The family later grabbed flashlights to look for Rocky. They found him and carried him inside, even though the mountain lion could still be lurking. Rocky got 8 large bite wounds that required 30 stitches but is expected to get better.
- 3 A large mountain lion has been spotted twice in the area in the last two weeks. Padres told CBS L.A. she recently heard that some other animal had been attacked and she is sure it is by the same mountain lion. California Fish and Wildlife is investigating the incident to make sure it isn't a danger to neighbors.

Adapted from: Yahoo news

Text 8 Cheers! Salut! Prost!

- 1 My name is Tina and I am a big 60-year-old drinker. I always have a tall glass of water nearby and I never leave the house without my keep-it-cold bottle full. I used to drink less water and more Diet Coke: four cans a day, to be exact. I would crave one so intensely every afternoon that I didn't need a clock to tell me it was 3 o'clock – time to crack a cold one!

- 2 Until I decided I was done. I knew that drinking that much soda isn't good for you. Carrying four cans to work every day in my ugly brown cooler bag was a pain. And I didn't like being hooked on anything (except lip balm, but I'm not giving that up!).

- 3 So I quit. I did some research about breaking the Diet Coke habit. I read that the best way forward is to replace both the caffeine and the bubbles. So, I stocked up on green tea and flavored soda water and gave those a try. Ten or so years later, I ...25... drink soda, but almost never Diet Coke. Honestly, it just doesn't taste that good to me anymore. I'm not addicted to it anymore.

- 4 My summer cocktail is a refreshing drink with a special name: the Jody. A friend poured it for me on a hot day some years back, filling a tall glass with ice, some blueberry vodka, a lot of soda water and a splash of cranberry juice. And if you want to skip the alcohol in the Jody, you'll have a delicious mocktail. Cheers to a refreshing summer!

Adapted from: Reader's Digest